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<p>Manual handling</p>	<p>Manual handling at work: A brief guide INDG143 Available in print and online 9780717664788</p>  <p>Making the best use of lifting and handling aids INDG398 Available online</p> 	<p>Manual handling assessment charts (the MAC tool) INDG383 Available in print and online 9780717667109</p>  <p>Risk assessment of pushing and pulling (RAPP) tool INDG478 Available in print and online 9780717666577</p>  <p>Full manual handling risk assessment: Examples of assessment checklists CK5 Available online</p> 	<p>Manual handling. Manual Handling Operations Regulations 1992. Guidance on Regulations L23 Available in print and online 9780717666539</p> 	<p>Manual handling for assessors (1 day training course)</p> <p>Ergonomics (5 day training course)</p> 
<p>Upper limb disorders (ULDs)</p>	<p>Managing upper limb disorders in the workplace: A brief guide INDG171 Available online</p> 	<p>Assessment of repetitive tasks of the upper limbs (the ART tool) INDG438 Available in print and online 9780717663934</p> 	<p>Upper limb disorders in the workplace HSG60 Available in print and online 9780717619788</p> 	<p>Upper limb disorders (ART) risk assessment of repetitive tasks (1 day training course)</p>
<p>Display screen equipment (DSE)</p>	<p>Working with display screen equipment (DSE): A brief guide INDG36 Available in print and online 9780717664726</p> 	<p>Display screen equipment (DSE) workstation checklist CK1 Available in print and online 9780717665211</p> 	<p>Work with display screen equipment. Health and Safety (DSE) Regulations 1992. Guidance on Regulations L26 Available in print and online 9780717625826</p> 	<p>DSE risk management (1 day training course)</p>